Health promotion and nursing in primary care, 7.5 credits

Course code: V1FHT5
Subject: Public health science
Level: First cycle, GXX
Grades: Fail (U) Pass (G)
Programme affiliation: The course is part of the Nursing Programme semester 5, 180 credits

Approval
The course syllabus was approved by Höskolnämnden [Board of Higher Education] at Red Cross University College on 7 January 2013. The syllabus goes into effect starting spring semester 2013. Revised in accordance with the decision of the pedagogy committee on June 12, 2013. Applies as of autumn semester 2013. Revised in accordance with the decision of the programme coordinator on November 27 2014. Applies as of spring semester 2015.

Prerequisites
The student must have passed all modules from semesters 1, 2 and 3 and must have passed at least 15 credits from semester 4, including all clinical training placements.

Course description
In the course, health-promotion work and preventive measures are examined in more detail and are applied to the population of the local community. In addition, understanding of organization and mission in primary care is expanded by initiating and performing health promotion and preventative work for both individual and groups of patients. The course begins with one week of theory (1.5 credits) followed by clinical training placement in outpatient care (6.0 credits). Instruction is in Swedish and/or English.
Objectives

Upon completion of the module, the student should be able to:

Knowledge and understanding:
1. explain factors which promote health and prevent ill health in the population of the local community based on a description of the area
2. relate to current national and local policy documents with relevance for primary care and public health

Skills and abilities:
3. assess patients’ needs, resources and ability to perform self-care in relation to lifestyle habits and independently apply measures on health promotion
4. perform, evaluate and document nursing care according the nursing process in home care nursing and primary health care
5. collaborate with other professionals in order to achieve improved health among patients

Ability to evaluate and approach:
6. reflect over public health ethics and the connection between structural differences, inequality in public health and lifestyle habits
7. critically review own ability and responsibility in the encounter with patients, their loved ones and colleges.

Content
Family-focused care
Public health work
Gender
Home care nursing
Health-promoting dialogues
Area description
Primary Health care
Policy documents
Violence in close relationships

Instruction forms
The following instruction forms are used in the module: lectures, seminars and clinical training placement.

Examination
Student performance in the course will be assessed as follows:

Seminar: a case seminar (0.5 credits), objectives 2, 3, and 6. Possible grades: fail, pass.

Examination: individual take-home examination given at a seminar (1 credit), covering objectives 1-7. Possible grades: fail, pass.

Clinical training placement: (6.0 credits), objectives 2, 3, 4, 5, 6 and 7. Possible grades: fail, pass.

To pass the course, the student must receive a passing grade on the examination, a passing grade on the examination seminar and a passing grade for the clinical training placement.
Refer to the study guide for grading criteria.

Any student who fails examination will be permitted to resit examination four (4) times. Anyone who fails examination twice has the right to request a different examiner. Any student who fails the placement aspect of a course will be offered one (1) new opportunity within the framework of the course.

If a student quits the clinical training placement early on his/her own initiative, the student will fail the course. In such cases, the student is offered a new clinical training session the next time the course is offered, provided that he/she has not already reached the maximum number of examination opportunities (maximum 2).

If an examiner determines that a decision regarding a grade is obviously incorrect because new circumstances have come to light or for any other reason, the decision shall be changed provided it does not lower the grade.

The examiner can stop a student's clinical training or the like with immediate effect if the student demonstrates such serious inadequacies in knowledge, skills or approach that patient safety or patient confidence in the healthcare system is jeopardised. If clinical training is stopped in such a manner, it means that the student has failed the element in question and one clinical training opportunity is used up. In such cases, an individual action plan is drafted, indicating which activities and knowledge checks are required before the student is given a new clinical training opportunity for the course in question.
Course literature
Health promotion and nursing in primary care, 7.5 credits
The course literature was approved by Högskolenämnden [Board of Higher Education] on 7 January 2013. The literature goes into effect starting spring semester 2013. The revision as per programme coordinator on 18 March 2014 applies starting retroactively spring semester 2014. The revision as per programme coordinator on 27 November 2014 applies starting spring semester 2015.

Mandatory literature
Drevenhorn, E.(Red) 2010 Hemsjukvård. Lund: Studentlitteratur, 199 s
ISBN 978-9144-05354-7


Raadu, G. (Red.). (Senaste upplagan) Författningshandbok för personal inom hälso- och sjukvård. Stockholm: Liber


**Reference literature**


